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主要特徵

- 透過Google 無縫存取
學者校園激活
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- 表示開放取用記錄

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*可在參與平台上使用



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Authentic inner compass, well-being, and prioritization of positivity adolescents.

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Russo-Netzer, Pnini Shoshani, Anat

Citation

Russo-Netzer, P., & Shoshani, A. (2020). Authentic inner compass, well-being, and prioritization of positivity and meaning among adolescents. *Personality and Individual Differences, 167*, Article 110248. <https://doi.org/10.1016/j.paid.2020.110248>

Abstract

Adolescence is a critical and formative stage of life characterized by the development of interests, values, long-term goals, and social affiliations that serve as the foundation for more mature identity formation. Growing evidence supports the importance of meaning in life and of positivity as protective factors during adolescence that facilitate coping and thriving. The present study builds on previous research to explore the relationship between adolescents' authentic inner compass (AIC; having self-directed values, aspirations, interests, and goals that are experienced as authentic), well-being, and the prioritization of positivity and meaning. Findings from a sample of 677 adolescents (50.7% girls; mean age = 13.88) indicate that a higher AIC score is related to higher prioritization of meaning and higher prioritization of positivity, which are positively related to subjective well-being (SWB). Furthermore, having an AIC was found to contribute to adolescents' ability to intentionally seek out activities and contexts and make choices that are conducive to experiencing meaning and positivity, which in turn predicts increased well-being, greater life satisfaction, and fewer maladaptive symptoms. Having an AIC was also found to contribute to a decrease in emotional and behavioral problems. (PsycInfo Database Record (c) 2020 APA, all rights reserved)

Full Record

Unique Identifier	2020-61921-001
Title	Authentic inner compass, well-being, and prioritization of positivity and meaning among adolescents
Publication Date	Dec 1, 2020
Publication History	First Posting: Jul 16, 2020 Accepted: Jul 7, 2020 Reviewed: Mar 26, 2020

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- How is street life? An examination of the subjective wellbeing of street children in China. Cheng, Fucui; Lam, Debbie, 2010
- Patterns of social connectedness and psychosocial wellbeing among African American and Caribbean Black adolescents. Rose, Theda; McDonald, Ashley; ...

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學生

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